

Do you want to make a difference, learn new skills and meet new people?

Community Health Councils (CHC) are the independent voice of people who live in Wales and use NHS services. We are made up of local volunteers who act as the eyes and ears of patients and the public. We are looking for enthusiastic people to encourage others to have their say about NHS services and be the important link between those who plan and deliver NHS services, those who inspect and regulate it and those who use it.

Becoming a CHC member will enable you to:

- Learn new skills
- Gain experience
- Work as part of a team
- Make a real difference in your local community.

As a CHC member you will:

- Consider health issues from the public's viewpoint
- Speak to people in their communities about their views and experiences of the NHS services
- Visit local NHS services to hear from patients (and those who care for and about them) about their experiences
- Look at local and national NHS plans and proposals to make sure they meet the needs of local communities
- Meet regularly with NHS managers to make sure services meet the needs of local people.

You will receive full training and support to enable you to carry out your role and any 'out of pocket' expenses such as travel will be reimbursed.

Do you want to know more about becoming a CHC member?

Find out more, please contact: <https://gov.wales/public-appointments> / 02920 825 454

Wyt ti eisiau gwneud gwahaniaeth, dysgu sgiliau newydd a chwrdd â phobl newydd?

Cynghorau Iechyd Cymuned (CIC) yw llais annibynnol pobl yng Nghymru sy'n defnyddio gwasanaethau GIG. Rydym yn cynnwys gwirfoddolwyr lleol sy'n ymddwyn fel llygaid a chlustiau'r claf a'r cyhoedd. Rydym yn chwilio am bobl frwdfrydig i annog eraill i ddweud eu dweud am wasanaethau GIG, a bod yn gyswllt pwysig rhwng y rheiny sy'n cynllunio a chyflenwi gwasanaethau GIG, y rheiny sy'n eu harchwilio a'u rheoleiddio, a'r rheiny sy'n eu defnyddio.

Fe fydd dod yn aelod CIC yn dy alluogi di i:

- Dysgu sgiliau Newydd
- Ennill profiad
- Gweithio fel rhan o dîm
- Gwneud gwir wahaniaeth yn dy gymuned leol.

Fel aelod CIC fe fyddi di'n:

- Ystyried materion iechyd o safbwynt y cyhoedd
- Siarad â phobl yn eu cymunedau am eu barnau am, a'u profiadau o wasanaethau GIG.
- Ymweld â gwasanaethau GIG lleol i glywed am brofiadau cleifion (a'r rheiny sy'n gofalu ac yn poeni amdanynt)
- Edrych ar gynlluniau a chynigion GIG lleol a chenedlaethol, i sicrhau eu bod yn diwallu anghenion cymunedau lleol
- Cwrdd yn rheolaidd gyda rheolwyr GIG, i sicrhau bod gwasanaethau'n diwallu anghenion pobl leol.

Fe fyddi di'n derbyn hyfforddiant llawn a chefnogaeth i dy alluogi di i gyflawni dy rôl ac fe fydd unrhyw 'dreuliau parod', megis costau teithio, yn cael eu had-dalu.

Wyt ti eisiau gwybod mwy am ddod yn aelod CIC?

Am fwy o wybodaeth, cyswllt: <https://llyw.cymru/penodiadau-cyhoeddus> 02920 825 454